

## September ELC Menu 2019

	September 2	September 3	September 4	September 5	September 6
Snack	<b>No classes</b>	Oat porridge, fruit	Buns, fruit	Cottage cheese blocks, fruit	French toast, fruit
Lunch		Soup Baked chicken thigh with potato Vegetables	Soup Meat with beans Vegetables	Soup Chicken with rice Vegetables	Soup Fried lagman Vegetables
Afternoon Snack		Fruit & pastry	Fruit & pastry	Fruit & pastry	Fruit & pastry
	September 9	September 10	September 11	September 12	September 13
Snack	Cornflakes and milk, fruit	Omelette, fruit	Carrot cake, fruit	Savory toast, fruit	Pancakes, fruit
Lunch	Soup Pasta in Alfredo sauce and chicken Vegetables	Soup Beef with farmer potato Vegetables	Soup Chicken toast with French fries Vegetables	Soup Plov Vegetables	Soup Chicken balls in tomato sauce with pasta Vegetables
Afternoon Snack	Fruit & pastry	Fruit & pastry	Fruit & pastry	Fruit & pastry	Fruit & yogurt
	September 16	September 17	September 18	September 19	September 20
Snack	Rice porridge, fruit	Cheese straws, fruit	<b>Elementary Conference</b>	Scones, fruit	Oatmeal cookies, fruit
Lunch	Soup Farfale with peas and beef Vegetables	Soup Mashed potato with chicken cutlets Vegetables		Soup Schnitzel with rice Vegetables	Soup Pizza Vegetables
Afternoon Snack	Fruit & pastry	Fruit & pastry		Fruit & pastry	Fruit & pastry
	September 23	September 24	September 25	September 26	September 27
Snack	Cornflakes and milk, fruit	Cottage cheese blocks, fruit	Cinnamon rolls	<b>No classes</b>	<b>No classes</b>
Lunch	Soup Spaghetti Bolognese Vegetables	Soup Beef stew Vegetables	<b>Half Day</b>		
Afternoon Snack	Fruit & pastry	Fruit & pastry			